

## VENUE AND DURATION OF COURSE:

John Ruskin College, Selsdon Park Road, South Croydon, CR2 8JJ, 1 year full-time.

## ENTRY REQUIREMENTS:

- 5 GCSE grade 9-3 (A\*-D) including English and Maths; or BTEC Level 1 Diploma Merit / Distinction and GCSE grade 9-3 (A\*-D) in English and Maths.
- A clean DBS check.

## PROFESSIONAL COMPETENCIES NEEDED FOR THIS COURSE:

- Empathy for others
- Compassion for others
- Ability to show respect and honesty towards others
- Responsibility for own behaviour
- Effective Verbal and Non-Verbal Communication Skills
- Excellent Time Keeping (Punctuality and Attendance)
- Ability to work individually and as a team
- Ability to reflect on own practice for development
- Ability to demonstrate own initiative
- Keen interest in the subject

## WHAT QUALIFICATIONS WILL I GET?

Health & Social Care Level 2 Extended Certificate.

## COURSE DESCRIPTION:

This course offers those interested in working within care or social care environments the chance to develop their practical skills including work experience. You are required to complete a minimum of 60 hours work placement (1 day a week) in a nursery, residential care home or any other suitable placement.

## UNITS/TOPICS COVERED:

- Human Lifespan Development
- Health and Social Care Values
- Effective Communication in Health and Social Care
- Healthy Living
- Health & Social Care Sector
- Social Influences on Health and Well-being
- Promoting Health and Well-being

- Equality and Diversity
- Individual Rights
- Human Body Systems
- The Impact of Nutrition on Health and Well-being

**TYPE OF ASSESSMENT:**

Coursework, practical work placements and external exams.

**EQUIPMENT NEEDED:**

Note pad, pens, lever arch folder, dividers, plastic wallets, highlighters.

**WHERE CAN IT LEAD?**

- Health & Social Care Level 3
- Apprenticeship
- Employment could include nursing homes, care homes and day centres

**COURSE FEE:**

If you are under 19 on 31/08/2025, tuition is free. If you are 19 or over, please consult Client Services for advice and guidance on funding and eligibility.

Please be aware there will be a cost of £48.00 (stc) for a DBS check, and there may be additional costs for equipment and educational visits. This information will be available from the curriculum staff at interview.

**WHAT TO DO NEXT:**

If you have any outstanding queries please contact our Client Services team on 020 8651 1131 or at [clientservices@johnruskin.ac.uk](mailto:clientservices@johnruskin.ac.uk).

To apply online for this course please visit [www.johnruskin.ac.uk](http://www.johnruskin.ac.uk).

**Disclaimer:**

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstance dictate.

Should you require this leaflet in a different format please contact Client Services on 020 8651 1131.